



Yula Lada Ostwind

1977

Artist Profile

I am a multidisciplinary artist with a background in classical art education and visual communication. My work bridges painting, performance, and movement, shaped by years of creative practice across Europe and the Middle East. I currently live and work in Germany, focusing on projects that explore transformation, embodiment, and inner vision.

Education

Art Schools in France

- *Bachelor of Arts (Visual Communication)* (2000), Institut d'Arts Visuels, France
- *Master of Arts in Fine Art (Visual Arts / Expression Plastique)* (2002), Beaux-Arts de Rennes, France

Pedagogical University (1994–1997)

- *Studies in Foreign Languages, Samara, RF*

Academic Art School (1990–1994)

- *Classical training in painting, drawing, composition, sculpture, and art history, RF*

Music and Dance Theater School (1985–1995)

- *Stage performance and dance education, RF*

Professional Experience

Head of the Art School "Kubik" (since 2023)

- Design and implementation of art courses for children and adults
- Focus on drawing techniques, composition, and painting
- Encouraging creative and analytical thinking through systematic methods

Lecturer in Fine Arts, Freelance Teaching (since 2015)

- Drawing classes for children, youth, and adults with a focus on constructive drawing, architectural drawing, sketching, figure and nude drawing
- Workshops on experimental painting and interdisciplinary art
- Promoting individual expression and artistic sensitivity

Theater Majak, Berlin – Co-founder & Artistic Director (2006–2014)

- Development and direction of interdisciplinary art projects
- Performances at the intersection of visual art, dance, and theater

Organization of exhibitions, concerts, workshops and art events

Artistic Focus

Drawing & Illustration – Constructive drawing, urban sketching, architectural studies, figure and life drawing

Painting – Experimental techniques, watercolor, mixed media, academic oil and acrylic painting, still life

Interdisciplinary Art – Fusion of visual art with movement and performance

Art Education & Art Therapy – Development of didactic programs for various age groups, inspired by the methods of different art schools

Selected Artistic Projects & Performances

2006 – *"Lost in the Kitchen"*, experimental theatre, Berlin

2006–2010 – *"Fischer in the Net"*, *"Scary Doll"*, *"Ballerina on Crutches"*, and others – dance performance & body painting, Berlin

2012 – *"Teledeep"*, experimental theatre, Berlin

2013 – *"Scary Doll"*, performance and body painting action, Tacheles, Berlin

2014 – *"Black Milk"*, contemporary dance solo – Winner, German Dance Solo Competition, Leipzig

2014 – *"Xenos"*, video and dance performance production, UDK Berlin

2015 – *"Komischer Vogel"*, theatre piece, Köpenicker Theater, Berlin

2017 – Icon painting in the tradition of Orthodox Church

Artistic Activity (2017–2025)

Since 2017, I have focused on deepening my visual language through drawing and painting, often inspired by movement and internal transformation. This period has been marked by a return to artistic authenticity, research, and the slow maturation of a personal style rooted in symbolism, body memory, and poetic abstraction.

- 2017–2022 – Artistic retreat and intensive development of personal technique and themes. Daily painting and sketching practice. Explorations of gesture, flow, and psychological depth in form.
- 2023 – Renewal of public-facing art practice. Series of works based on the dialogue between movement and line.
- 2024–2025 – Nominated for Kunstpreis Deutschland, theme: *Art Powers Future*
- 2025 – Selected works submitted to Royal Academy Summer Exhibition, London

Selected Solo Exhibitions (Berlin)

- *"Still Movement"*, Studio Galerie in der Remise, Berlin-Prenzlauer Berg (2023)
- *"Im Atem der Linie"*, Projektraum Krossener Straße, Berlin-Friedrichshain (2024)

- „Moovingtrace“, Piekfeiner Laden, Berlin-Lichtenberg (2023, 2024)
- “Zwischen Haut und Licht”, Galerie Amalienpark, Berlin-Pankow (2025)

Other Group Shows

- "Traces of the Inner Body", Atelierhaus Prenzlauer Promenade, Berlin (2024)
- "Drawing Breath", Paris Art Lab, Paris (2023)

nomination for the German Art Prize 24/25

My recent work is a contemplative process — a search for form that emerges from stillness, from the body in motion, from silence, and from the subtle transitions between inner and outer worlds.

Kontakt

E-Mail: yula@ladaostwind.com

Fone: +49 1778057327

Web: www.ladaostwind.com

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